

MASSAGE TREATMENTS

Kodo

(Translation: 'melody')

This rhythmic and balancing full body massage is inspired by traditional Australian Aboriginal massage techniques which tone and re-align energy flow, enhancing mind, body and spirit.

60 mins \$105 90 mins \$145

Towilla Kuri

(Translation: 'spirit circle')

A tailor made massage especially designed for your mind state and well being. After a thorough consultation, your therapist will design a massage treatment to best suit your needs to ensure total rejuvenation and regeneration.

30 mins \$65 60 mins \$105 90 mins \$145

FACIALS

Mirri

(Translation: 'face')

A facial designed to refresh, revitalise and regenerate. We use native ingredients to refresh and regenerate the skin, relax and energise the mind and body.

30 mins \$65

Mikirri

(Translation: 'deep')

A deep purification facial treatment to nourish the skin whilst eliminating toxins. We integrate a pressure point facial massage and nourishing scalp massage with Quandong Hair Mask to create a satisfying regenerating treatment for your mind, body and soul.

60 mins \$105

FEET, HANDS & HEAD

Miji Jina

(Translation: 'little footprint')

A revitalising treat for the feet. You will enjoy a warm foot soak filled with native berries and bush fruits whilst you surrender to the aroma of native essential oils and exfoliating desert salts. A stimulating foot mask will help ease tension from busy, tired feet, followed by a soothing foot massage.

30 mins \$70

Miji Polama

(Translation: 'little hands')

A deeply therapeutic hand treatment designed to soothe, repair and strengthen. Begin with a Herbal Kelp exfoliation and relax as your hands are wrapped in a nourishing mask followed by a luxurious hand massage. Nurture your communicative hands which are constantly exposed to the elements.

30 mins \$70

Paudi

(Translation: 'head')

Float away to another dimension when you surrender to the traditional Aboriginal head massage techniques. Incorporating a pressure point facial massage, neck and shoulder massage and a scalp massage with Quandong Hair Mask, this treatment will clear the mind for total relaxation.

30 mins \$70

Sensory Immersion

Lowanna

(Translation: 'beautiful')

Stimulate your senses with a rejuvenating extremities treatment which incorporates the Miji Jina Foot, Miji Polama hand and Mirri facial treatments and scalp massage with Quandong Hair Mask. A fantastic journey to total relaxation.

90 mins \$190

BODY TREATMENTS

Yanko

(Translation: 'song of running water')

Immerse yourself in the magic sensation of falling waters, with an energizing desert salt exfoliation & refreshing Vichy shower. Using invigorating techniques to stimulate the body & restore vitality & energy to the spirit.

30 minutes \$80

Mala Mayi

(Translation: 'clan food')

Celebrate with this complete full body rejuvenation experience. Cleanse, energise & exfoliate then calm & revitalise the spirit cocooned in warm Mapi mud whilst you submit to a Paudi Scalp Massage. Follow all this with our exquisite 'rain therapy' then surrender your body & soul to the rhythms of a Kodo massage.

90 minutes \$195

120 minutes \$245

The Dreaming

(Translation: 'The unseen vibration of creation')

Surrender yourself to the ultimate spa experience said to evoke the potent forces of the earth upon the giver & receiver. A vibration designed to reconnect the mind, body & soul. The Dreaming combines deeply therapeutic treatments with a healing approach. The adventure begins with a Jina foot treatment followed by the salt exfoliation & mud wrap, hair masque and scalp massage, Vichy rain therapy, Kodo massage, Poloma hand treatment & finishing with the Mirri facial. You will experience the power of renewal from head to toe whilst embracing ancient Aboriginal techniques. Celebrate your energy - emotions & soul refreshed.

3 hours \$350

FURTHER INDULGENCE ...

*Please note that these treatments can only be booked in conjunction with another treatment.

Vichy Shower

Experience pure indulgence with a luxurious Vichy Shower. Relax under the falling water as the nurturing hands of your therapist massage all of your aches, pains and worries away...

30 mins \$65

Plunge Pool

Indulge and enhance the benefits of your massage with the ancient knowledge of hydrotherapy. Alternate by plunging in our cool plunge pool and then warming up in a warm shower to increase body circulation and bring about a natural detoxifying process.

15 mins \$35

Of the Australian Earth

SIGNATURE TREATMENTS

Kummm Balpewallin

(Translation: 'deep clean')

A treatment designed to revitalise and detoxify. Begin with a full body Kodo massage to relieve tension and then enjoy a desert salt exfoliation for total renewal. Complete your treatment with an invigorating plunge in our private chilled pool to increase circulation and further enhance the detoxifying process.

90 mins \$190

Kalina Mullauna

(Translation: 'Love Together')

A spa experience that you can share together in our stunning Temple room. Relax with a Desert Salt scrub, warm Mapi Mud wrap and Paudi head massage and surrender to a Vichy Shower and rhythmic Kodo massage. Then experience total harmony as you both relax in a spa bath for two. Be transported to another time and place before returning ... balanced, re-energised and rejuvenated.

2½ hours

\$275 / person

Plants and Spirit

Spa Etiquette

We recommend you arrive 10 minutes before your appointed time.

This will allow time to change, introductions, consultations and completion of a treatment card. Arriving late for a treatment will limit the time allocated for you; it will lessen the effectiveness & more importantly your pleasure and enjoyment. As a courtesy to our clients all treatments are completed as scheduled.

A change room with locker is provided including spa robe, towel & slippers. Please enjoy your treatment free from the restraints of clothing & underwear. A privacy towel is used for the comfort of both client & therapist. Maintaining your sense of dignity and well being is of the utmost importance to us.

Please inform your therapist of any health concerns you may have when completing your treatment card. Please notify if you are pregnant. Our fully qualified therapists will advise on special conditions. A doctor's certificate may be required prior to treatment to ensure your safety eg; high blood pressure, existing heart condition, allergic conditions etc.

Due to hygiene regulations, some skin conditions (such as Dermatitis) may prevent treatment from proceeding. Our therapists reserve the right to refuse or terminate an appointment due to misconduct or inappropriate actions or comments.

It is recommended not to drink alcohol at least 12 hours prior to your treatment. If you do arrive intoxicated, your treatment will be cancelled and you will incur the cancellation fee.

Cancellation Policy

Credit card details are required to confirm a booking. "No Show" appointments are charged at full price of the treatment booked. A minimum of 6 hours notice is required to cancel or reschedule.

Cancellation or time change within this time will result in a 50% fee being charged.

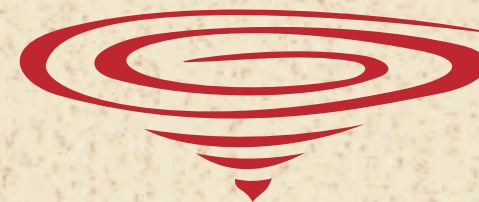
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Li'Tya Spa Dreaming at Hibiscus Gardens Spa Resort



A Spa for Men & Women

Our unique Li'Tya range of quality spa products integrate precious qualities of the Australian earth, native plants and spirit. Li'Tya utilises potent indigenous Australian plants, fruits, earth ochres, desert salts and sea plants, combined with the ancient wisdom and philosophies of the Australian Aboriginal people.